



MONTGOMERY COUNTY BOARD OF COMMISSIONERS

JOSHUA D. SHAPIRO, CHAIR

LESLIE S. RICHARDS, VICE CHAIR

BRUCE L. CASTOR, JR.

Home First Aid Kits

- Acetaminophen, Ibuprofen, and aspirin tablets: For headaches, pain, fever, and simple sprains or strains of the body. (Aspirin should not be used for relief of flu symptoms or given to children)
- Ipecac syrup and activated charcoal: For treatment after ingestion of certain poisons. (Use only on the advice of a poison control center or the emergency department.)
- Elastic Wraps: For wrapping wrist, ankle, knee, and elbow injuries.
- Triangular Bandage: For wrapping injuries and making an arm sling.
- Scissors with rounded tips.
- Adhesive tape and 2" gauze: For dressing wounds.
- Disposable, instant activating ice bags: For icing injuries and treating high fevers.
- Bandages of assorted sizes: For covering minor cuts and scrapes.
- Antibiotic ointment: For burns, cuts, and scrapes.
- Gauze in rolls and in 2 and 4-inch pads: For dressing wounds.
- Bandage closures, 1/4 and 1 inch: For taping cut edges together.
- Tweezers: To remove small splinters and ticks.
- Safety pins: To fasten splints and bandages.
- Rubber gloves: To protect your hands and reduce the risk of infection when treating open wounds.
- First aid manual.
- List of emergency phone numbers

Source: American College Of Emergency Physicians.