Survey data collected from:
Arcadia University, Bryn Mawr College, Bryn Athyn College, Gwynedd Mercy University, Haverford College, Manor College, Montgomery County Community College, Penn State Abington, Rosemont College, Ursinus College

Student use in the last 30 days

Substance use among Montgomery County College Students is slightly below national college student use trends.

- **56.3%** Alcohol
- **19.3%** Marijuana
- **21.8%** Nicotine

Montgomery County College Student (MCCS) past 30 day use compared to the 2019 Monitoring the Future Survey (MTF)

<table>
<thead>
<tr>
<th>Substance</th>
<th>MCCS</th>
<th>MTF</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>56.3%</td>
<td>62.0%</td>
</tr>
<tr>
<td>Marijuana</td>
<td>19.3%</td>
<td>26.0%</td>
</tr>
<tr>
<td>Nicotine*</td>
<td>21.8%</td>
<td>29.6%</td>
</tr>
</tbody>
</table>

4.2% of students report using opioids in the last 12 months

- **46%** of students reported being prescribed an opioid in their lifetime
- **38%** of students reported filling an opioid prescription in their lifetime
- **33%** of students reported taking an opioid medication that was prescribed to them in their lifetime

Perception vs. Reality

<table>
<thead>
<tr>
<th>Perception</th>
<th>Students Believed That</th>
<th>Yet Only</th>
<th>Reality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Of their peers had used Marijuana in the past 30 days</td>
<td>59.7%</td>
<td>19.3%</td>
<td>80.7%</td>
</tr>
</tbody>
</table>
IN STUDENTS REPORTING SYMPTOMS OF ANXIETY

1. Good support system of friends
2. Good support system of family
3. Proper Nutrition (eating a variety of healthy foods daily)

TOP BARRIERS TO ACCESSING SUPPORT SERVICES

- 38% TIME
- 26% COST
- 16% STIGMA CONCERNS

IN STUDENTS REPORTING SYMPTOMS OF DEPRESSION

- 41% Reported using alcohol to cope
- 16% Reported using marijuana to cope
- 20% Reported using nicotine to cope

66% OF STUDENTS REPORT THAT THEIR EMOTIONAL HEALTH IS WORSE THAN COMPARED TO BEFORE THE PANDEMIC

Reported using alcohol to cope
- 16%
Reported using marijuana to cope
- 19%
Reported using nicotine to cope
- 20%