ELRC 17 and NAEYC invites you to celebrate and shine a spotlight on your classroom, advocacy, and family engagement activities via our social channels. We can't wait to see all the creative ways you recognize the importance of community and give hope to our children during what are uneasy times.

Children learn so much as they enjoy music, explore food and cooking, build together, create art, and celebrate their families! We hope you continue to be inspired by the activities below.

Discover NAEYC’s Daily WOYC Themes!

Music Monday
Tasty Tuesday
Work Together Wednesday
Artsy Thursday
Family Friday

For more ideas and to share your activities follow #WOYC2024 on all Social Media platforms!
MUSIC MONDAY
Monday April 8, 2024
# Baby Music Bin Sensory Fun

**Activity Type:**
- ☒ Dramatic Play
- ☒ Music
- ☒ Physical Development
- ☒ Social/Emotional
- ☒ Other: 

**Age Group:**
- ☒ Infant (birth to 1 year)
- ☐ Young Toddler (1 to 2 years)
- ☐ Older Toddler (2 to 3 years)
- ☐ Preschool (3 to 5 years)
- ☐ School-age (K and up)
- ☐ Other

**Materials:**
- Tray
- Rattles
- Shakers
- Noise makers
- Baby rings
- Spoons

**Directions:**
1. Gather a tray
2. Collect different musical items that the baby can explore
3. Let the baby have a fun musical experience

**Example:**

[Image of baby music bin]

**Resource:**
*Baby Music Bin Sensory Fun - Busy Toddler*
**NAEYC Week of the Young Child Activities**

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Song Cubes: A Fun Way to Find the Beat</th>
</tr>
</thead>
</table>
| **Activity Type:** | ☒ Art  
| (Mark all that apply) | ☒ Dramatic Play  
| | ☒ Music  
| | ☐ Physical Development  
| | ☐ Reading  
| | ☐ Science  
| | ☒ Social/Emotional  
| | ☐ Other: |
| **Age Group:** | ☒ Infant (birth to 1 year)  
| | ☒ Young Toddler (1 to 2 years)  
| | ☒ Older Toddler (2 to 3 years)  
| | ☒ Preschool (3 to 5 years)  
| | ☒ School-age (K and up)  
| | ☐ Other |
| **Materials:** | Tissue Box Cube (2)  
| | Construction Paper for covering the cube  
| | Labels for each side-[Song Cube Printable (pre-kpages.com)](pre-kpages.com) |
| **Directions:** | 1. Cover the tissue box with construction paper  
| | 2. Print labels  
| | 3. Cut out labels  
| | 4. Glue to each side of the song cubes – one cube for songs, one cube for beats.  
| | 5. |
| **Example:** | ![Song Cubes Image] |
| **Resource:** | [Music with Kids: Song Cubes and Finding the Beat - Pre-K Pages](pre-kpages.com) |
# NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Robot Dance – Gross Motor Game</th>
</tr>
</thead>
</table>
| **Activity Type:** | ☑️ Music  
☐ Art  
☐ Dramatic Play  
☐ Health/Wellness  
☐ Math  
☐ Mindfulness  
☐ Multiculturalism  
☐ Physical Development  
☐ Reading  
☐ Science  
☐ Social/Emotional  
☐ Other: |
| **Age Group:** | ☑️ Infant (birth to 1 year)  
☑️ Young Toddler (1 to 2 years)  
☑️ Older Toddler (2 to 3 years)  
☑️ Preschool (3 to 5 years)  
☑️ School-age (K and up)  
☐ Other |
| **Materials:** | • Thick popsicle sticks  
• Sharpie Markers |
| **Directions:** | 1. Grab a bunch of thick popsicle sticks and write commands them such as: Walk in a rectangle, walk in a circle, walk in a triangle, walk in a square, go forward, go backward, jump 3 times, 2 steps forward, 2 steps backward, 4 steps to the left, one giant step, turn right, turn left, spin in circle, 6 tiny steps  
2. Pull popsicle sticks out one at a time and have the children follow the command moving their bodies like a robot. |
| **Example:** | ![Example Image] |
| **Resource:** | Robot Dance - A Little Gross Motor Fun | Sara J Creations |
# NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Paper Plate Tambourine</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Activity Type:</strong></td>
<td>☒ Art&lt;br&gt;☒ Dramatic Play&lt;br&gt;☐ Health/Wellness&lt;br&gt;☐ Math&lt;br&gt;☐ Mindfulness&lt;br&gt;☐ Multiculturalism&lt;br&gt;☐ Music&lt;br&gt;☐ Physical Development&lt;br&gt;☐ Reading&lt;br&gt;☐ Science&lt;br&gt;☒ Social/Emotional&lt;br&gt;☐ Other:</td>
</tr>
<tr>
<td><strong>Age Group:</strong></td>
<td>☒ Preschool (3 to 5 years)&lt;br&gt;☒ School-age (K and up)&lt;br&gt;☐ Infants (birth to 1 year)&lt;br&gt;☐ Young Toddler (1 to 2 years)&lt;br&gt;☐ Older Toddler (2 to 3 years)&lt;br&gt;☐ Other:</td>
</tr>
<tr>
<td><strong>Materials:</strong></td>
<td>• Paper plate&lt;br&gt;• Paint&lt;br&gt;• Dried beans&lt;br&gt;• Stapler&lt;br&gt;• Hole punch&lt;br&gt;• Ribbon&lt;br&gt;• Glue</td>
</tr>
<tr>
<td><strong>Directions:</strong></td>
<td>1. Decorate your paper plates – the bottoms of the plates since they will be the ones facing outward&lt;br&gt;2. Put dried beans in between the two plates, line them up and glue or staple around the plates to close. Make sure to leave enough room to punch a hole.&lt;br&gt;3. Using a hole punch, punch holes in the paper plate&lt;br&gt;4. Cut small pieces of ribbon and tie them to each hole&lt;br&gt;5. Play your paper plate tambourine.</td>
</tr>
<tr>
<td><strong>Example:</strong></td>
<td><img src="creativefamilyfun.net" alt="Paper Plate Tambourine" /></td>
</tr>
<tr>
<td><strong>Resource:</strong></td>
<td>Paper Plate Tambourine Kids Craft - Creative Family Fun</td>
</tr>
</tbody>
</table>
TASTY TUESDAY
Tuesday April 9, 2024
### NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Rainbow of Fruit Cubes Smoothies</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Activity Type:</strong></td>
<td>☒ Art  ☐ Dramatic Play  ☐ Physical Development  ☐ Music  ☐ Reading  ☒ Health/Wellness  ☒ Math  ☒ Social/Emotional  ☐ Mindfulness  ☒ Multiculturalism  ☐ Physical Development  ☐ Multiculturalism</td>
</tr>
<tr>
<td><strong>Age Group:</strong></td>
<td>☒ Infant (birth to 1 year)  ☒ Preschool (3 to 5 years)  ☒ Young Toddler (1 to 2 years)  ☒ School-age (K and up)  ☒ Older Toddler (2 to 3 years)  ☐ Other</td>
</tr>
<tr>
<td><strong>Materials:</strong></td>
<td>Strawberries and other berries (remove stem)  Cantaloupe and other melons (removes seeds and rind)  Mangos and avocados (removes seed and skin)  Figs (remove stem)  Apples and pears (remove stem, seeds, and peel)  Cherries, peaches and other pit fruits (remove stems and pits)  Citrus fruits (peel and remove stems)  Any other fruits (prepare as needed)  Milk (any kind), yogurt or other similar liquid  Blender</td>
</tr>
<tr>
<td><strong>Directions:</strong></td>
<td>1. Clean and prepare chosen fruits by removing any seeds and thicker skins.  2. For harder, larger fruits, cut the fruit into smaller pieces and add to blender.  3. Puree the fruits with blender (or immersion blender)  4. Pour puree into ice cube trays. You may need a spatula to help remove thicker purees from the blender into ice cube tray.  5. Place the trays in the freezer for several hours to freeze solid.  6. Use cubes to make smoothies:  - Decide what fruits/cubes you want to use  - Add liquid of your choice (various milks, yogurt, etc.)  - Add sweeteners, if desired  - Add protein, supplements, if desired  - Sneak in some veggies, too!  7. Add ice to thicken  8. Blend and serve as a snack</td>
</tr>
<tr>
<td><strong>Example:</strong></td>
<td>![Image of fruit cubes]</td>
</tr>
<tr>
<td><strong>Resource:</strong></td>
<td><a href="https://thethingswellmake.com/smoothie-fruit-cubes-or-homemade-baby/">https://thethingswellmake.com/smoothie-fruit-cubes-or-homemade-baby/</a></td>
</tr>
</tbody>
</table>
### NAEYC Week of the Young Child Activities

**Activity Name:** The Very Hungry Caterpillar Sandwiches

<table>
<thead>
<tr>
<th>Activity Type:</th>
<th>☐ Art</th>
<th>☐ Music</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Mark all that apply) ☐ Dramatic Play</td>
<td>☑ Health/Wellness</td>
<td>☐ Physical Development</td>
</tr>
<tr>
<td>☑ Reading</td>
<td>☑ Science</td>
<td>☐ Social/Emotional</td>
</tr>
<tr>
<td>☑ Multiculturalism</td>
<td>☐ Other:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Age Group:</th>
<th>☐ Infant (birth to 1 year)</th>
<th>☑ Preschool (3 to 5 years)</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ Young Toddler (1 to 2 years)</td>
<td>☑ School-age (K and up)</td>
<td></td>
</tr>
<tr>
<td>☑ Older Toddler (2 to 3 years)</td>
<td>☐ Other</td>
<td></td>
</tr>
</tbody>
</table>

**Materials:**
- Book: The Very Hungry Caterpillar by Eric Carle
- 2 loaves white bread, sliced vertically
- Butter
- 6 slices of each ham, chicken and cheese
- 1 small tomato
- 1 green onion or celery stalk
- Mini circle cookie cutter
- Toothpicks

<table>
<thead>
<tr>
<th>Directions:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Read The Very Hungry Caterpillar story</td>
</tr>
<tr>
<td>2. Lay 2 slices of bread out, butter both pieces.</td>
</tr>
<tr>
<td>3. Place ham on one slice, then, cover with the other buttered slice of bread.</td>
</tr>
<tr>
<td>4. Repeat to make chicken sandwich and then the cheese sandwich</td>
</tr>
<tr>
<td>5. Cut out 5 circles from each sandwich using the mini circle cookie cutter</td>
</tr>
<tr>
<td>6. Place on a platter in a wiggly shape to form the caterpillar’s body. Position tomato at the start of the body to become the caterpillar’s head.</td>
</tr>
<tr>
<td>7. Cut out two very small ovals of cheese for the eyes. Use butter as glue and stick tomato to form the face.</td>
</tr>
<tr>
<td>8. Slice small pieces of green onion (or celery) for the pupils. Use butter as glue for the eyes.</td>
</tr>
<tr>
<td>9. Cut two long strands from onion (or celery) to act as caterpillar’s feelers and fix onto the tomato with toothpicks.</td>
</tr>
<tr>
<td>10. When finished, cover with plastic wrap and refrigerate until ready to serve.</td>
</tr>
</tbody>
</table>

**Example:**

### NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Easy Fruit Rockets</th>
</tr>
</thead>
</table>
| **Activity Type:** (Mark all that apply) | ☒ Art  
| | ☒ Dramatic Play  
| | ☒ Health/Wellness  
| | ☒ Math  
| | ☒ Mindfulness  
| | ☒ Multiculturalism  
| | ☐ Music  
| | ☐ Physical Development  
| | ☐ Reading  
| | ☐ Science  
| | ☐ Social/Emotional  
| | ☐ Other: |
| **Age Group:** | ☒ Infant (birth to 1 year)  
| | ☒ Young Toddler (1 to 2 years)  
| | ☒ Older Toddler (2 to 3 years)  
| | ☒ Preschool (3 to 5 years)  
| | ☒ School-age (K and up)  
| | ☐ Other |
| **Materials:** | ● Strawberries  
| | ● Large green grapes  
| | ● Blueberries  
| | ● Foil cocktail sticks |
| **Directions:** | 1. Wash and dry the fruit  
| | 2. Hull the strawberries by chopping the tops off  
| | 3. Thread blueberries and grapes on skewers/sticks, alternating  
| | 4. Top each skewer with a strawberry to make a point at the top of the rocket. |
| **Example:** | ![Easy Fruit Rockets Image](https://www.eatsamazing.co.uk/bonfire-night/easy-fruit-rockets-for-bonfire-night) |
| **Resource:** | [https://www.eatsamazing.co.uk/bonfire-night/easy-fruit-rockets-for-bonfire-night](https://www.eatsamazing.co.uk/bonfire-night/easy-fruit-rockets-for-bonfire-night) |
# NAEYC Week of the Young Child Activities

## Activity Name:
Easy Guacamole

### Activity Type:
(Mark all that apply)
- ☐ Art
- ☒ Dramatic Play
- ☒ Health/Wellness
- ☒ Math
- ☐ Mindfulness
- ☒ Multiculturalism
- ☐ Music
- ☐ Physical Development
- ☐ Reading
- ☒ Science
- ☒ Social/Emotional
- ☐ Other:

### Age Group:
- ☐ Infant (birth to 1 year)
- ☒ Young Toddler (1 to 2 years)
- ☒ Older Toddler (2 to 3 years)
- ☒ Preschool (3 to 5 years)
- ☐ School-age (K and up)
- ☐ Other

### Materials:
- 2 avocados – ripened
- 2 TBSP chopped red onion
- 1 TSP diced jalapeño
- 4 diced grape tomatoes
- 1 diced clove garlic
- Juice from 1 lime
- ½ TSP salt

If able, have school age children help with cutting/chopping/dicing.

### Directions:
1. Mash avocados
2. Add onion, jalapeño, tomato, garlic, lime juice and salt
3. Mash together.
4. Serve as a snack

### Example:
- ![Quick & Easy Guacamole](https://www.realthekitchenandbeyond.com/easy-guacamole-recipe/)

### Resource:
[https://www.realthekitchenandbeyond.com/easy-guacamole-recipe/](https://www.realthekitchenandbeyond.com/easy-guacamole-recipe/)
WORK TOGETHER WEDNESDAY

Wednesday April 10, 2024
### NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Blanket Volleyball</th>
</tr>
</thead>
</table>
| **Activity Type:** | ☐ Art  
☐ Dramatic Play  
☐ Health/Wellness  
☐ Math  
☐ Mindfulness  
☐ Multiculturalism  
☐ Music  
☒ Physical Development  
☐ Reading  
☐ Science  
☒ Social/Emotional  
☐ Other: |
| **Age Group:** | ☒ Infant (birth to 1 year)  
☒ Young Toddler (1 to 2 years)  
☑ Older Toddler (2 to 3 years)  
☐ Preschool (3 to 5 years)  
☐ School-age (K and up)  
☐ Other |
| **Materials:** |  
- A soft ball  
- A Blanket |
| **Directions:** | 1.) Clearly state the goal of the game. “Our goal is to work together to toss the ball and catch it. We can count how many times we are able to do so.”  
2.) Clearly give a signal: “The signal to begin the game will be ‘ready, set, go’”.  
3.) To ensure that the child waits for the signal and is successful, do not place the ball on the blanket until just before the signal to go.  
4.) Place a soft ball in the middle of the blanket. On a signal given by you, you and the child toss the soft ball into the air and try to catch it in the blanket. Use visual signals, such as “When I blink my eyes, it means go”. Use auditory signals, such as “1, 2, 3 go!” You may also say that the signal is a word, such as alligator.” Then you would say, “Always, apple, alligator.” Auditory and word signals help children learn to listen. |
| **Example:** | ![Blanket Volleyball Example Image] |
**NAEYC Week of the Young Child Activities**

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Frozen Treasure Hunt</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Activity Type:</strong>&lt;br&gt;(Mark all that apply)</td>
<td>□ Art&lt;br&gt;☒ Dramatic Play&lt;br&gt;☐ Health/Wellness&lt;br&gt;☒ Math&lt;br&gt;☐ Mindfulness&lt;br&gt;☐ Multiculturalism</td>
</tr>
<tr>
<td><strong>Age Group:</strong></td>
<td>□ Infant (birth to 1 year)&lt;br&gt;☒ Young Toddler (1 to 2 years)&lt;br&gt;☒ Older Toddler (2 to 3 years)&lt;br&gt;☐ Preschool (3 to 5 years)&lt;br&gt;☒ School-age (K and up)&lt;br&gt;☐ Other</td>
</tr>
<tr>
<td><strong>Materials:</strong></td>
<td>• Small toys&lt;br&gt;• Bowl&lt;br&gt;• Water&lt;br&gt;• Squirt bottles</td>
</tr>
<tr>
<td><strong>Directions:</strong></td>
<td>1. Freeze small toys in a bowl of water. FREEZE SMALL TOYS IN A BOWL OF WATER&lt;br&gt;2. Have children try and get the toys out of the frozen block of ice using their hands and other items like a spoon. Using hand over hand method to help children squeeze a squirt bottle of water to help melt some of the ice.</td>
</tr>
<tr>
<td><strong>Example:</strong></td>
<td><img src="https://www.science-sparks.com/ice-excavations-challenge-4/" alt="Example Image" /></td>
</tr>
<tr>
<td><strong>Resource:</strong></td>
<td><a href="https://www.science-sparks.com/ice-excavations-challenge-4/">https://www.science-sparks.com/ice-excavations-challenge-4/</a></td>
</tr>
</tbody>
</table>
NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Bridge for 21 Elephants</th>
</tr>
</thead>
</table>
| Activity Type: | ☐ Art  
☒ Dramatic Play  
☐ Health/Wellness  
☒ Math  
☐ Mindfulness  
☒ Multiculturalism |
| ☐ Music  
☒ Physical Development  
☒ Reading  
☒ Science  
☒ Social/Emotional  
☐ Other: |
| Age Group: | ☐ Infant (birth to 1 year)  
☐ Young Toddler (1 to 2 years)  
☒ Older Toddler (2 to 3 years)  
☒ Preschool (3 to 5 years)  
☒ School-age (K and up)  
☐ Other |
| Materials: | • Book: Twenty – one Elephants and Still Standing by April Jones Prince  
• Popsicle craft sticks  
• Miniature craft sticks  
• Learning Resource Jungle counters |
| Directions: | 1. Read the Book: Twenty – one Elephants and Still Standing by April Jones Prince  
2. Show the children picture of bridges, the supplies and where New York is compared to their state  
3. Allow children time to work together to create a bridge like the Brooklyn Bridge using the supplies given to see if they can recreate the historical moment in 1883  
4. Ask any follow-up questions like what was your hardest part of creating the bridge? |
| Example: | ![Image of the book and children's hands with craft sticks] |

Resource: https://playgroundparkbench.com/engineering-science-for-kids/
# NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Life-Size Board Game: Candyland</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Activity Type:</strong></td>
<td>☐ Art  ☒ Dramatic Play  ☐ Music  ☐ Physical Development  ☒ Health/Wellness  ☐ Reading  ☐ Mindfulness  ☒ Multiculturalism  ☒ Math  ☒ Physical Development  ☒ Reading  ☐ Science  ☒ Social/Emotional  ☐ Other:</td>
</tr>
<tr>
<td><strong>Age Group:</strong></td>
<td>☐ Infant (birth to 1 year)  ☒ Preschool (3 to 5 years)  ☒ Young Toddler (1 to 2 years)  ☒ School-age (K and up)  ☐ Other:  ☐ Older Toddler (2 to 3 years)</td>
</tr>
<tr>
<td><strong>Materials:</strong></td>
<td>Candyland board game  Pool noodles  Colored construction paper  White bulletin board paper  Colored and white paper plates  Cellophane clear and colored  Empty shoeboxes, tissue boxes and paper towel rolls  Tissue paper, crepe paper, popsicles sticks  Colored sponges  Glue, tape (scotch and blue), markers, scissors, hot glue (teacher only)  Real candy as “prize”</td>
</tr>
<tr>
<td><strong>Directions:</strong></td>
<td>1. Play Candyland Board Game in groups of four  2. Allow children time to create different kinds of candy using materials  3. In large area, place colored construction paper in board game style on floor or grass  4. Place assorted candy pieces randomly along the board game  5. The children are the pieces of the game  6. Play game just like the board game.</td>
</tr>
<tr>
<td><strong>Example:</strong></td>
<td>![Example Image]</td>
</tr>
</tbody>
</table>
# NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Mess-free Canvas Painting</th>
</tr>
</thead>
</table>
| **Activity Type:** | ☒ Art  
☒ Dramatic Play  
☐ Health/Wellness  
☐ Math  
☒ Mindfulness  
☐ Multiculturalism  
☐ Music  
☒ Physical Development  
☐ Reading  
☒ Science  
☒ Social/Emotional  
☐ Other: |
| **Age Group:** | ☒ Infant (birth to 1 year)  
☒ Young Toddler (1 to 2 years)  
☒ Older Toddler (2 to 3 years)  
☐ Preschool (3 to 5 years)  
☐ School-age (K and up)  
☐ Other |
| **Materials:** | Old sheet  
Non-toxic paint  
Canvas  
Cling Wrap |
| **Directions:** | 1. Dab some paint onto a canvas.  
2. Wrap some cling wrap around the Canvas  
3. Sit children down on the Canvas  
4. Encourage children to use hand/feet to “paint” |
| **Example:** | ![Example Image](image) |
## NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>How to Make Kinetic Sand</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Activity Type:</strong> (Mark all that apply)</td>
<td>☒ Art&lt;br&gt;☒ Math&lt;br&gt;☒ Mindfulness&lt;br&gt;☒ Physical Development&lt;br&gt;☐ Music&lt;br&gt;☐ Reading&lt;br&gt;☐ Science&lt;br&gt;☐ Social/Emotional&lt;br&gt;☐ Other:</td>
</tr>
<tr>
<td><strong>Age Group:</strong></td>
<td>☒ Older Toddler (2 to 3 years)&lt;br&gt;☐ Infant (birth to 1 year)&lt;br&gt;☐ Young Toddler (1 to 2 years)&lt;br&gt;☐ Preschool (3 to 5 years)&lt;br&gt;☐ School-age (K and up)&lt;br&gt;☐ Other</td>
</tr>
<tr>
<td><strong>Materials:</strong></td>
<td>• 2 ½ cups Fine Colored Sand&lt;br&gt;• 1 ½ cups Corn Starch&lt;br&gt;• ½ cup Baby Oil</td>
</tr>
<tr>
<td><strong>Directions:</strong></td>
<td>1. Mix together the sand and cornstarch in a large container or a large bowl, and be sure to stir it until everything is completely combined. You can use either a spoon or a whisk to mix it.&lt;br&gt;2. Add the baby oil into the mixture in the mixing bowl and mix until combined.&lt;br&gt;3. Distribute sand out to children to play</td>
</tr>
<tr>
<td><strong>Example:</strong></td>
<td><img src="image" alt="Example Image" /></td>
</tr>
</tbody>
</table>
### NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Raised Salt Painting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity Type:</td>
<td>☒ Art&lt;br&gt;☐ Dramatic Play&lt;br&gt;☐ Health/Wellness&lt;br&gt;☐ Math&lt;br&gt;☑ Mindfulness&lt;br&gt;☐ Multiculturalism&lt;br&gt;☐ Music&lt;br&gt;☐ Physical Development&lt;br&gt;☐ Reading&lt;br&gt;☒ Science&lt;br&gt;☒ Social/Emotional&lt;br&gt;☐ Other:</td>
</tr>
<tr>
<td>Age Group:</td>
<td>☒ Infant (birth to 1 year)&lt;br&gt;☒ Preschool (3 to 5 years)&lt;br&gt;☒ School-age (K and up)&lt;br&gt;☐ Other</td>
</tr>
<tr>
<td>Materials:</td>
<td>• Cardstock or sturdy paper&lt;br&gt;• Squeeze bottle of glue&lt;br&gt;• Table salt&lt;br&gt;• Shallow dish or tray to work on&lt;br&gt;• Liquid watercolors&lt;br&gt;• Paint brushes or droppers</td>
</tr>
<tr>
<td>Directions:</td>
<td>1. Squeeze glue designs onto your card stock. Use your glue to draw a design or picture onto your cardstock.&lt;br&gt;2. Sprinkle with salt. Carefully sprinkle salt onto cardstock until the glue is thoroughly covered. Tip to let excess salt fall away. A baking dish or tray helps to contain the salt.&lt;br&gt;3. Add color! Dip your paint brush into liquid watercolor paint then gently touch the salt-covered glue lines. Watch the paint magically travel in both directions!&lt;br&gt;4. Let Dry.</td>
</tr>
<tr>
<td>Example:</td>
<td><img src="https://artfulparent.com/raised-salt-painting/" alt="Raised Salt Painting" /></td>
</tr>
<tr>
<td>Resource:</td>
<td><a href="https://artfulparent.com/raised-salt-painting/">https://artfulparent.com/raised-salt-painting/</a></td>
</tr>
</tbody>
</table>
# NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Creativity with Cardboard</th>
</tr>
</thead>
</table>
| **Activity Type:** | ☒ Art  
☐ Dramatic Play  
☒ Health/Wellness  
☐ Math  
☒ Mindfulness  
☒ Multiculturalism  
☐ Music  
☐ Physical Development  
☐ Reading  
☐ Science  
☒ Social/Emotional  
☐ Other: |
| **Age Group:** | ☒ Infant (birth to 1 year)  
☐ Young Toddler (1 to 2 years)  
☒ Older Toddler (2 to 3 years)  
☐ Preschool (3 to 5 years)  
☐ School-age (K and up)  
☐ Other |
| **Materials:** | • Cardboard boxes (empty juice and cereal boxes, tissue boxes, shoe boxes)  
• Tape  
• Scissors  
• Markers and crayons  
• Paint and paintbrushes  
• Glue |
| **Directions:** | 1. Provide each child with a cardboard box  
2. Encourage children to use their imagination to transform the boxes into animals, spaceships, submarines, castles etc.  
3. Design the boxes to match each idea by cutting, gluing and taping the cardboard boxes together  
4. Use the art supplies to color, paint and/or decorate the boxes |
| **Example:** | ![Example Image](image-url) |
FAMILY FRIDAY
Friday April 12, 2024
## NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Family Walk</th>
</tr>
</thead>
</table>
| **Activity Type:** (Mark all that apply) | ☐ Art  
☐ Dramatic Play  
☒ Health/Wellness  
☐ Math  
☒ Mindfulness  
☐ Multiculturalism  
☐ Music  
☒ Physical Development  
☐ Reading  
☒ Science  
☒ Social/Emotional  
☐ Other: |
| **Age Group:** | ☒ Infant (birth to 1 year)  
☒ Young Toddler (1 to 2 years)  
☒ Older Toddler (2 to 3 years)  
☐ Preschool (3 to 5 years)  
☑ School-age (K and up)  
☐ Other |
| **Materials:** | • None |
| **Directions:** | Take time to explore as a family! Pack some water bottles, maybe some snacks, and take a walk together around town. Play “I-SPY”, find different flowers and trees, wave hi to neighbors.  
-OR-  
Take time to explore as a family! Pack some water bottles, maybe some snacks, pack up the car, go to another town or neighborhood, and walk around. Explore somewhere new as a family and discover somewhere new. |
<p>| <strong>Example:</strong> | <img src="image-url" alt="Example Image" /> |
| <strong>Resource:</strong> | <a href="url">Five Reasons to Go on Family Walks - The Willow Tree (the-willowtree.com)</a> |</p>
<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Family Craft Night – Kindness Rocks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity Type: (Mark all that apply)</td>
<td>☒ Art  ☐ Dramatic Play  ☒ Health/Wellness  ☐ Math  ☒ Mindfulness  ☐ Multiculturalism  ☐ Music  ☒ Physical Development  ☐ Reading  ☒ Science  ☐ Social/Emotional  ☐ Other:</td>
</tr>
<tr>
<td>Age Group:</td>
<td>☒ Infant (birth to 1 year)  ☒ Young Toddler (1 to 2 years)  ☒ Older Toddler (2 to 3 years)  ☒ Preschool (3 to 5 years)  ☒ School-age (K and up)  ☐ Other ()</td>
</tr>
<tr>
<td>Materials:</td>
<td>• Rocks or stones with enough surface area to add drawings and messages  • Acrylic Paint  • Permanent Markers</td>
</tr>
<tr>
<td>Directions:</td>
<td>1. Clean the stones, ensuring you’ve removed any dirt and debris or living material like moss.  2. Once the rocks are completely clean and dry, set out paint supplies and let the kids create.  3. After the paint has dried, help children add quotes or special messages to the decorated rocks.</td>
</tr>
<tr>
<td>Example:</td>
<td><img src="https://www.adventurebook.com/connect/fun-family-crafts/" alt="Example Image" /></td>
</tr>
</tbody>
</table>
## NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Build a Fort!</th>
</tr>
</thead>
</table>
| **Activity Type:** | ☒ Art  
| (Mark all that apply) | ☒ Dramatic Play  
| | ☒ Physical Development  
| ☐ Health/Wellness  
| ☐ Math  
| ☐ Mindfulness  
| ☐ Multiculturalism  
| ☐ Music  
| ☐ Reading  
| ☐ Science  
| ☒ Social/Emotional  
| ☐ Other: |
| **Age Group:** | ☒ Infant (birth to 1 year)  
| | ☒ Young Toddler (1 to 2 years)  
| | ☒ Older Toddler (2 to 3 years)  
| | ☒ Preschool (3 to 5 years)  
| | ☒ School-age (K and up)  
| | ☐ Other |
| **Materials:** | · Chairs or other furniture  
| | · Pillows  
| | · Blankets  
| | · Flat Sheets  
| | · Books |
| **Directions:** | 1. Arrange chairs (or other furniture).  
| | 2. Place pillows and blankets in the floor in the middle of the chairs/furniture.  
| | 3. Drape flat sheets over the top of the furniture.  
| | 4. Use books to hold the sheet in place.  
| | 5. Have fun! |
| **Example:** | ![Example Image](Image) |
| **Resource:** | [How to Make a Blanket Fort: 4 Easy Steps (wikihow.com)](https://www.wikihow.com/Make-a-Blanket-Fort) |
### NAEYC Week of the Young Child Activities

<table>
<thead>
<tr>
<th>Activity Name:</th>
<th>Scavenger Hunt</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Activity Type:</strong></td>
<td>🗨️Art  ☒Dramatic Play ☒Health/Wellness ☐Math ☐Mindfulness ☐Multiculturalism ☐Music ☒Physical Development ☒Reading ☒Science ☐Social/Emotional ☐Other:</td>
</tr>
<tr>
<td><strong>Age Group:</strong></td>
<td>☐Infant (birth to 1 year) ☐Young Toddler (1 to 2 years) ☒Older Toddler (2 to 3 years) ☒Preschool (3 to 5 years) ☐School-age (K and up) ☐Other</td>
</tr>
</tbody>
</table>
| **Materials:** | • Index Cards/post-its/loose leaf paper  
• Pen/Pencil  
• Empty bowl |
| **Directions:** | Create your own scavenger hunt! Work together to come up with different things to find. The items can be anything around the house or specific to a location (like a bedroom, backyard, kitchen, park, etc.). Write names of items on pieces of paper. Put all of the papers into a bowl and take turns picking one and finding that item. You can also play in teams and see who can find the item first. |
| **Example:** | ![Example Image] |
| **Resource:** | [https://www.adventurebook.com/connect/fun-family-crafts/](https://www.adventurebook.com/connect/fun-family-crafts/) |